

Lunch menu

Starters

Fresh iced gazpacho soup £6.50

Confit duck, apricot and almond salad, honey and soy and sesame dressing £7.50

Solva crab bisque with crab croutons £7.50

Black pudding scotch Burford brown hens egg, garden peas, parsley and chorizo mayonnaise £7.50

Breaded oys ter mushrooms, watercress and truffle aioli £7.50

Goat's cheese and beetroot risotto, walnuts & honey £7.50

Mains

Preseli Dexter beef brisket, carrot and swede puree, Caerfai cheddar and garlic potato gratin, seasonal greens,

Red wine jus £16.50

Pembrokeshire coast fish pie with fish of the day, lobster and crab, potato, Parmesan crumb £18

Turmeric roast cauliflower, sweet potato, coconut dahl, apricot chutney, Almonds £14

Crispy battered cod and triple cooked chips, crushed garden peas, tartar sauce £14

Artichoke, tomato and Caerfai cheddar tart, balsamic dressed salad & red onion chutney £14

Crispy seabass fillet, thai style shredded mango salad with peanuts, coconut rice,
prawn and tamarind dressing £21

Pembrokeshire 10oz dry aged sirloin steak, potted mushroom, onion rings, triple cooked chips. £26

Choice of béarnaise sauce, perl las sauce, peppercorn sauce

From the larder

Ploughman's lunch: honey mustard glazed ham, Caerfai organic cheddar, piccalilli, chutney, coleslaw, salad and
toasted baguette £13

Fisherman's lunch: Smoked salmon, prawns, cucumber and dill, watercress salad, tarragon mayonnaise, toasted
baguette £16

Sandwiches £7 and baguettes: £7

Honey mustard glazed ham and piccalilli

Caerfai Organic cheddar and chutney

Smoked salmon, cucumber and cream cheese

Side of homemade triple cooked chips £3.50

Lunch Desserts

Strawberry Pavlova £6.50

Orange blossom crème brule, pistachio palmier £6.50

Dark Chocolate mousse, peppermint ice cream £6.50

Bara Brith bread and butter pudding, barti ddu rum and raisin ice cream £6.50

Selection of 3 ice creams or sorbets £6.50

Cheese board: Celtic promise washed rind, Caerfi organic cheddar, Perl las blue
Apple and grape chutney and crackers £8.50